

Minutes  
Senior Services/Aging in Place Task Force  
[www.romi.gov](http://www.romi.gov)  
Thursday, June 13, 2019  
6:00 p.m.

**Present:** Bernadette Beach, Stephanie Comptois, Paul Webb, Commissioner Sharlan Douglas, Jeff Plachta, Sue McKee Joan Johnson,

**Staff liaison:** Alexis Champion

**Introductions of New Member – Joan Johnson**

1. Call to Order: 6:03 pm by Commissioner Douglas
2. Approval of agenda motion by Stephanie Comptois and second Joan Johnson.
3. Approval of minutes from April 11, 2019 meeting motion Stephanie Comptois and Joan Johnson(since Joan was not at the meeting, we will need to reconsider this motion according to Robert's Rules).
4. Assessment of Forums – Commissioner Douglas
  - a) Engage other demographics: Commisioner Douglas asked committee if we should try to gather data from other demographics such as homebound or those who receive meals at home. Discussion followed.
    - a. Ask Meals on Wheels to see if they are open to giving out information about this initiative to be involved? Suggestion may be to have committee interview those people interested either by phone or in person. Need to develop a short focused survey for the homebound surveys.
5. Data Analysis – Alexis (intern working with James) gave a brief presentation of the results of "aspirations" identified during the focus groups. Alexis will send out the PowerPoint presentation.
  - a. Civic Participation:

- i. Like to volunteer. Would like one time opportunities.  
Transportation is important to have available for this activity.  
Communication is important and they would like one place to look for this. Would like to see a focus on technology to bring seniors and young adults.
  - ii. Employment: Not mentioned by many, but if they did they would like respect and beyond minimum wages.
  - iii. A brief review of data showed 20% mentioned technology.
- b. Communication and information:
  - i. Increased use of hard copy of communication.
  - ii. City Coordinator for senior services.
  - iii. Senior website
- c. Community Support and Health Services
  - i. Affordability and transportation
  - ii. Senior Health Fair
  - iii. Home Medical services
  - iv. Mental Health and Healthy Living
  - v. Recipe sharing
  - vi. Senior Exercise equipment
- d. Housing:
  - i. One floor housing, new neighborhoods with these homes
  - ii. Changing zoning (in law apartments)
- e. Outdoor spaces and buildings
  - i. Benches along the trails and downtown accessibility
  - ii. Paved walkways
  - iii. Increased timing of crossing lights
  - iv. Automatic doors
  - v. Senior exercise equipment
- f. Respect and Social Inclusion
  - i. Paper communication

- ii. Senior Committee to foster relationship between them
    - iii. Increase Public Comment Time
    - iv. After hour senior transportation
    - v. Feeling connected through events and by getting to them
  - g. Social Participation
    - i. Intergenerational events and more senior events.
    - ii. Improving transportation.
  - h. Modes of transportation:
    - i. Parking downtown: handicapped parking
    - ii. Curb to curb service any time of day
    - iii. Senior or shuttle? Uber/Lyft type service
    - iv. Public transportation: covered stops.
    - v. Downtown shopping
- 6. How do we compile and review the focus group results?
  - a. Key word analysis? Does Royal Oak have capacity? Is it necessary?
  - b. Suggestions made to give this written information for the domain groups.
  - c. Support groups from Beaumont may be approached to see if we could get them to take surveys.
  - d. Also discussed asking Meals on Wheels to give surveys out for these residents can complete, or offer them opportunity for phone or face to face surveys.
  - e. Sub group to work on survey issues: Stephanie, Sue, Bernadette and Alexis will form this group.
- Need to identify resources, partners and relevant city staff for each of the domain working groups.
  - a. Next steps: Domain groups initiated in early October once all of the data has been analyzed.
  - b. Who should be on the domain groups?

- c. Domain group identification is going to be an important James and Alexis will be asked to come up with a detailed operational plan based on the discussion this evening. Goal is to have "Year 2 of plan completed by June, 2020.
  - d. Digital survey and written survey will be targeted to be completed July, August, and Sept.
- Do we need all eight domains? Decided to Combine Social Inclusion and Social Participation, Civic Participation and Employment. This still leaves 6 domains that will need to be developed.
7. New Business: Oakland County Senior Task Force: What can they do for us? Alexis will find out the name of this person and reach out to her.
  8. Meeting Schedule for summer: July 25, 2019 7-8:30pm, August 22, 2019 7-8:30pm October 2, 2019 7-8:30pm .
  9. Meeting adjourned at 7:35 pm